

NATASHA LORING

SAG - AFTRA

TELEVISION

INVASION	RECURRING	APPLE TV+
DAM	SERIES REGULAR	SHOWMAX
QUEEN SONO	GUEST STAR	NETFLIX
VAGRANT QUEEN	GUEST STAR	SYFY
BEAVER FALLS	SERIES REGULAR	E4
WEB OF SPIES	SERIES REGULAR w/ Christopher Lloyd	BYUTv
WOMEN IN LOVE	GUEST STAR w/ Rosamund Pike	BBC
THE RUNAWAY	GUEST STAR	SKY TV
HAPPYLAND	CO STAR	MTV

FILM

THE WEDDING YEAR	FEATURED w/ Sarah Hyland, Anna Camp	Lakeshore Robert Luketic
GIRL YOU KNOW ITS TRUE	SUPPORTING	Leonine Studios
JUST NOW JEFFREY	SUPPORTING	Brett Morris
GHOSTED	LEAD	Bad Weather Films
A SHAME	LEAD	Josette Eales
MANNEQUINS	LEAD	Isabelle Sieb
THE HITCHHIKER	LEAD	SA Wild Prod.
ZULU	SUPPORTING w/ Orlando Bloom, Forest Whitaker	Pathé Jerome Salle
BROKEN STAR	SUPPORTING w/ Analeigh Tipton	Kandoo Films
THE DINOSAUR PROJECT	SUPPORTING	StudioCanal
NATALEE HOLLOWAY	SUPPORTING	Sony Pictures Lifetime
THE RELATIONTRIP	SUPPORTING	C.A Gabriel Renée Felice Smith

FILM AWARDS

BEST SUPPORTING ACTRESS	DAM - SAFTA AWARD *	SAFTAS 2022
CANNES CLOSING FILM	ZULU	CANNES Film Festival 2013
BEST LEADING ACTRESS	A SHAME	Best Shorts Competition 2022
GRAND JURY PRIZE	A SHAME	LA International Festival 2022
BEST SUPPORTING ACTRESS	GHOSTED	Austin Spotlight Festival 2023
BEST SUPPORTING ACTRESS	GHOSTED	Sherman Oaks Festival 2022
BEST PICTURE	GHOSTED	LA Shorts Festival 2022
BEST SHORT, AUDIENCE AWARD	GHOSTED	Palm Beach Festival 2022
NOMINATED BEST GAME VOICEOVER	TACOMA	SOVAS LA 2018

* South Africa's highest acting accolade

TRAINING

African Film & Drama Academy	BA Performance & Motion Picture	Cape Town
Jamie Carroll	On Camera	New York
Lesly Kahn	Acting	Los Angeles
Ivana Chubbuck	Scene Study	Los Angeles
Tony Greco	Scene Study	Los Angeles
AMAW	Scene Study	Los Angeles
Kohli Calhoun, Julie Adams	US Accent Coach	Los Angeles
Paula Jack, Sarah Shepherd	UK & US Accent Coach	London
Marie Schuppan	German Accent Coach	Berlin
Actors Centre	On Camera & Scene Study	London